

ART PROJECT

AGES 4-8WITH ANGE MARIE DWYER

WELCOME

I am so excited to share an art project with you! Art is a wonderful way to express ourselves, our thoughts and our feelings using colors, words, paints, papers, fabrics and more. It is a chance to have a visual conversation with our soul. While it is sad we can't be together this year for nationals we can still share our creativity!

MIXED MEDIA GRATITUDE AND GROWTH TREES

Spring is here and summer is not far behind! Watching the flowers and the trees bloom is a wonderful reminder to think about what we are grateful in our own life and what things we would love to see bloom for us and our family! We will be creating mixed media GRATITUDE and GROWTH TREES together using paper, paints, markers, string and branches! We will talk about things we are grateful for and things we are looking forward to. Using some different materials, I will show you how to create collage leaves and garland and together we will make a 3D art tree as a beautiful fun reminder of our thoughts and intentions! While this activity is perfect for any age, the videos and explanations provided will be geared toward children ages 4 - 8 working with an older sibling, family member or adult.

SUPPLY LIST

Please use what you HAVE! I will show how you can use different materials to make this project work based on what you have at home. Art doesn't have to be expensive!

- Markers
- Paints (any colors are great. If you do not have paint at home you will also be able to use colorful markers or crayons)
- Mod Podge (or Elmer's glue, or a glue stick)
- String, Yarn, Thin Pieces of Fabric (10 - 15 pieces of 3" string, 2-3 pieces of 20-30" string)
- Scrap Papers (this can be anything fun and colorful. Old construction paper, scrapbook paper, or even colorful notebook paper)

- Paint Brush, or Sponge (or if using washable paint or glue, your fingers are fine too!)
- 5-6 Thin sticks/Branches (just random ones you find outside, great way to make a mini scavenger hunt on your walks)
- Jar, Large Glass, Bucket or Vase



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"Art is a visual conversation with our souls."